

Dear Parents and Swimmers,

Thank you for entering the upcoming Worcester Open Meet. Please read through the following advice to ensure a smooth and safe running of the event.

1. All swimmers will be accommodated in the gym hall rather than being poolside for the duration of the meet. This works really well as it's much cooler and swimmers have far more space to relax before races.
2. On arrival please report to your Team Manager in the hall to register **at least 15 minutes** prior to the start of warm up. Failure to register will result in you not being allowed to swim.
3. All swimmers need to report to the marshalling point which will be located in the hall for their races. They will then be escorted by stewards in heat order through the changing rooms to the pool.
4. All swimmers need to be **DRY** when entering the hall. Therefore it's a good idea to bring an extra bag(small) to carry your towel, spare hat and goggles etc poolside with you every time you swim as your main kit bag will remain in the hall.
5. Swimmers need to bring poolside shoes as no bare feet are allowed in the hall.
6. Swimmers are welcome to bring their own chairs. There is only a limited amount of mats available for swimmers to sit on.
7. The swim down pool will be in use but please be considerate to your fellow swimmers. Any misuse is likely to result in its closure.
8. For everyone's safety no running/ball games/ gymnastics etc are permitted in the hall.
9. Parents are welcome to visit the swim shop located at the entrance to the hall but are not permitted beyond that point due to safeguarding.

We look forward to welcoming you all to our Open Meet and wish you all an enjoyable and successful meet.